

OBJECTIVES AND COURSE CONTENT OF SHORT TERM COURSE

Operational Plan No.	CDC-28
Name of the Course	Life Skills Development
Objectives of Course	The programme is aimed to introduce teachers of technical institutions (Polytechnics and Engineering Colleges) with adequate life skills in order to enable them to pass on these critical skills to their students. These students then come out as complete individuals with life skills to deal with the everyday challenges in life and come out successfully through all challenges s better individuals with continuous learning in life.
Course Contents	<ul style="list-style-type: none">• Importance and need to develop life skills in students• Types of Soft Skills and Hard Skills• Human Values• Time Management and its importance in life• Effective Communication• Emotional Intelligence• Innovation and Creativity• Team Building an Team Work• Leadership and its importance in all walks of life
Name of Course Coordinator with E.mail & Contact Number	Rama Chhabra rama@nitttrch.ac.in 9888061607