



4TH NATIONAL ABILYMPICS –2014 CHANDIGARH

VOCATIONAL SKILLS CONTEST

ABOVE 15 YRS.

V12 – DRESS MAKING – BASIC

1. OBJECTIVE

To test skill competence and finishing ability of contestants in making a skirt for a girl child .

2. TASK

To cut, stitch and finish a skirt for a girl child.

Measurements

Waist	56 cm
Length	43 cm
Finished length (with extended piping)	45 cm

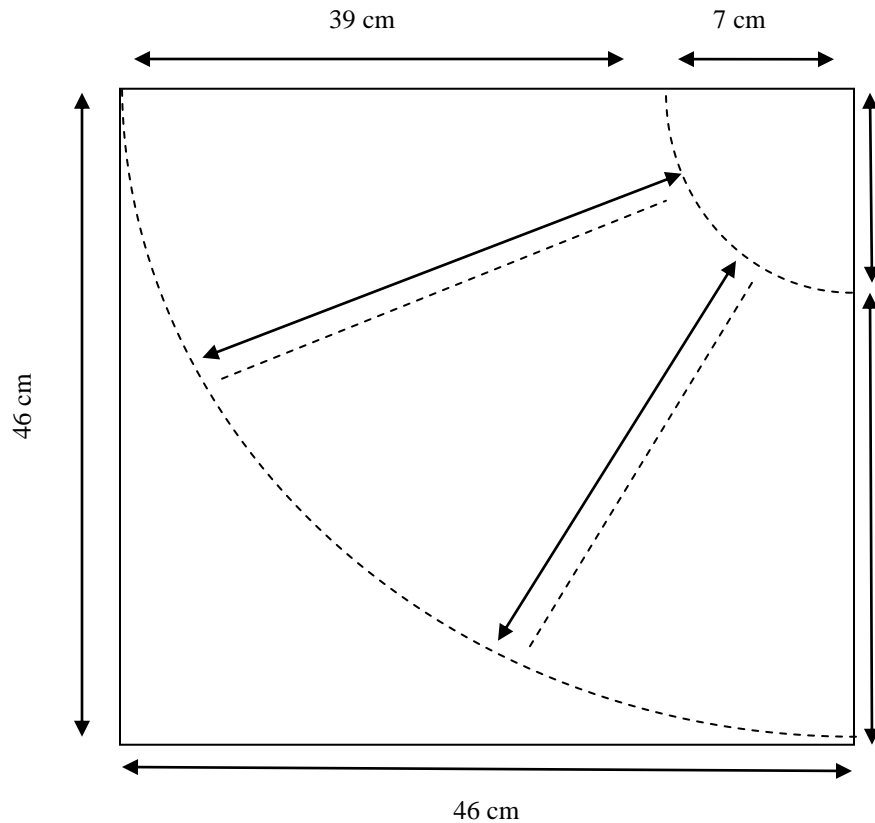
3. SPECIAL INSTRUCTIONS

A sample of the skirt will be displayed. The finished garment should be similar to the sample displayed.

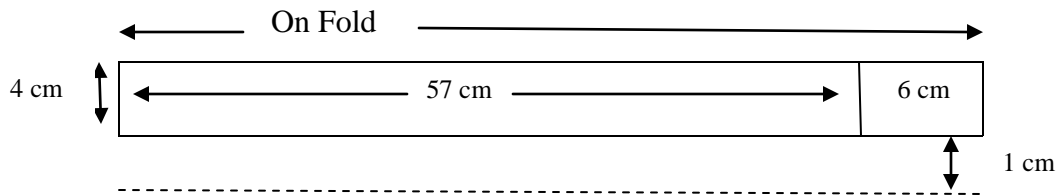
4. MATERIALS

- Fabric– 2 meter
- Piping material – ½ meter
- Needles
- Zip
- Sewing Threads
- Pair of Scissors
- Pencil
- Tailoring Chalk
- Measuring Tape
- Tailor’s Square
- Pins and Thimble
- Trouser Hook
- Pasting

5. STITCHING INSTRUCTIONS



- Cut the placket on the left side and finish it with the help of a zip. Length of placket is 15 cm.
- Finish the waist-line with waist belt. Length of belt is 63 cm, width is 4 cm.



- Finish the bottom hem-line by using true bias round piping.
- Prepare extended piping separately with the help of two bias belt. Width of plain fabric bias belt is 7.5 cm and width of printed bias belt is 5 cm. Fold both bias belt length-wise and join together.
- Finish the raw edges with over-locking. Place the finished belt at the bottom of the skirt and stitch. Top stitching margin 1 cm.

6. WORK ENVIRONMENT

- Working table
- Chair and Stool
- Low working table (Chowki)

- ❑ Carpet
- ❑ Sewing Machine – Motorised / Hand / Foot operated
- ❑ Steam Iron – Light weight
- ❑ Ironing Table

Participants may bring their own pair of scissors, measuring tape, chalk, thimble or other tools but the tools must be presented to the convenor for approval before the contest. The organizers reserve the right of not allowing contestants to use any tool if that is considered to be giving the contestant an undue advantage.

7. **ALLOCATED TIME**

Maximum time 4 hrs.

8. **EVALUATION CRITERIA**

Assessment of the skill of the participants will be based on the final product.

Items to be Evaluated	Maximum Marks Allotted
Cutting	10
Accuracy of Measurements	20
Finishing of placket with zip and waist belt	25
Finishing of round and extended piping	25
Overall Finish & Appearance	20
Total Marks	100