



## 4<sup>TH</sup> NATIONAL ABILYMPICS – 2014 CHANDIGARH

### VOCATIONAL SKILLS CONTEST

ABOVE 15 YRS.

### V13 – DRESS MAKING - ADVANCED

#### 1. OBJECTIVE

To test skill, competence and ability of contestants in fabricating a woman's outfit using dress making skills.

#### 2. TASK

Stitch an over-b blouse without lining as illustrated below using the provided material. Sample will be displayed.

#### *Measurement :*

Length	72 cm
Round Chest	82 cm
Round Hip	102 cm
Sleeve Length	26 cm
Across Back	39 cm
Arm Bottom	31 cm

- The over blouse will have a front opening, a stand collar and short sleeves.
- Collar must be attached with the facing from both sides.
- Buttonhole must be hand-worked.
- Shoulder, side seam, arm hole and other free joint must be finished with overlock stitch.
- Lower length of over blouse and lower length of sleeves must be overlocked and folded at 4 cm margin and finished with blind stitch.

#### 3. SPECIAL INSTRUCTIONS

A sketch of the garment to be stitched is attached.

#### 4. MATERIALS

Organizers will provide the following equipment / materials for each contestant at the site.

- Fabric for Top 1 ½ meter
- Needles (1 pkt)
- Stitching Threads P.C (Polyester)
- Pair of Cutting Scissors
- Buttons - 4 pcs
- Pencil 2 HB
- Tailoring Chalk
- Measuring Tape
- Pins and Thimble

#### 5. WORK ENVIRONMENT

- Working table
- Chair and Stool
- Low working table (Chowki)
- Carpet / Dari
- Sewing Machine – Motorised / Hand / Foot operated
- Steam Iron – Light weight (to be shared)
- Ironing Table (to be shared)
- Interlocking machine (to be shared)
- Water container (to be shared)

Participants may bring their own pair of scissors, measuring tape, chalk, thimble or other tools but the list of tools must be presented to the convenor for approval before the contest.

#### 6. ALLOCATED TIME

Maximum time : 6 hrs. (in two sessions of 3 hrs. each)

#### 7. EVALUATION CRITERIA

Assessment of the skill of the participants will be based on the final product.

<b>Items to be Evaluated</b>	<b>Maximum Marks Allotted</b>
Finishing of Princess Cut / Attachment of Princess Cut	20
Finishing of Collar	25
Attachment of Sleeves	20
Position of Button and button holes & Finishing	15
Overall Appearance	20
<b>Total Marks</b>	<b>100</b>

