



## 4<sup>TH</sup> NATIONAL ABILYMPICS -2014 CHANDIGARH

### LEISURE & LIVING SKILLS CONTEST

ABOVE 15 YRS.

### L01 – EMBROIDERY

#### 1. OBJECTIVE

To test the skill, competence and sense of colour combination of hand embroidered pattern on a given piece of cloth.

#### 2. TASK

The task is to hand embroider a traced pattern on cotton fabric measuring 75 cm x 75 cms

#### 3. SPECIAL INSTRUCTIONS

The participants can use different shades of their own choice from the threads provided for embroidery and use at least six different embroidery stitches.

#### 4. WORK ENVIRONMENT

Participants will be provided the following:

- Table
- Chair
- Mat
- Steam Iron (Light Weight) and Ironing board (to be shared 1:5)

#### 5. MATERIAL

The organizers will provide the following materials to each contestant at the contest site:

- Cotton Fabric 75 cm x 75 cm with overlocking on all sides
- Thread for embroidery in a variety of shades.
- Frame
- Needles (Packet)
- Pair of scissors
- Stitch Remover
- Thimble

6. **ALLOCATED TIME**

Maximum time 4 hrs.

7. **EVALUATION CRITERIA**

<b>Items to be Evaluated</b>	<b>Maximum Marks Allotted</b>
Overall balance	35
Neatness and Workmanship	20
Versatility in use of stitches	20
Aesthetic use of colours	15
Reverse finish	10
<b>Total Marks</b>	<b>100</b>